



BNPS NEWS

Issue No 13 - 19th May

Term 2 2022

FROM THE PRINCIPAL

Dear Families,

As I write this newsletter article, we have just finished our 2023 Prep Information Session for prospective families. It was wonderful to be able to talk about our school and what we have to offer, and to have our school captains lead them on a tour of the school.

NAPLAN

I would like to congratulate our Year 3-6 students for the way in which they conducted themselves during the NAPLAN testing period. Our Year 3 and Year 5 students gave it their all, and our Year 4 and Year 6 students were able to contribute to a calm, focussed testing environment in the classrooms while they did so. Whilst these tests do provide the school and families with some useful information, I would like to stress to parents and carers to also not put too much weight on the results. In essence, they are one test completed on one day for four different curriculum areas.

VICTORIA POLICE CYBER SAFETY PARENT SESSION

Tuesday evening – 24th May – Des Hudson of Victoria Police will be running a Cyber Safety session for parents and carers at 7PM. Des has been working with the Grade 5/6 students this year as part of the Police in Schools Program and has recently been discussing the issue of cyber safety with them.

The parent forum is offered to all parents and will discuss topics such as protecting personal information, do you really know who you are talking to online, sexting, cyber bullying / growing your voice and information about the Office of the E-Safety Commissioner. The session will run for approximately 90 minutes.

Des has been working with local Ballarat schools for over 25 years and is regularly asked to present information on Cyber Safety to both students and parents. This forum will provide parents with an overview of the key topics discussed during the student presentations and should be used to promote discussion between parents and children about cyber safety strategies.

PUPIL FREE DAYS

I would like to remind families about our Pupil Free Day on Tuesday 31st May. There will be no school on this day. It is a department-approved assessment day for teachers.

This brings me to the school-council approved Pupil Free Days for Term Three. I like parents to have as much notice as possible to plan for pupil free days and make appropriate arrangements. The days

for Term Three are as follows:

Friday 15th July – Staff Professional Learning Day

Tuesday 26th July – Parent – Teacher – Students Conferences

Monday 5th September – DET Cultural Understanding Training

There will be more information coming later in the term about bookings for the parent-teacher-student conferences through COMPASS.

Lastly, there is some information on the following page regarding advice from the Department of Health around Cold and Flu season. Please take the time to read this. We've noticed a sharp increase in all sorts of viruses in the past week or two.

Until I see you in person,

David Garner

“Remember upon the conduct of each depends the fate of all.”

~ Alexander the Great

COLD AND FLU SEASON

With borders opening and the arrival of colder weather, cases of influenza (the flu) are increasing throughout Victoria. Our community is at risk of higher rates of students and staff affected by the flu or COVID-19 this season.

What to do if your child gets sick

To help keep your child and our school community safe, please take the following steps if your child has any cold or flu-like symptoms:

take a COVID-19 test and follow the current [Department of Health isolation requirements](#) if a positive result is shown

- keep your child at home until their symptoms pass
- common flu-like symptoms include a high fever, cough, runny nose, loss of appetite, body aches and feeling extremely weak and tired
- diagnosis of the flu can only be confirmed by a doctor after a nose or throat swab

encourage your child to wash their hands regularly and ask them to cover their nose and mouth when sneezing and coughing.

COVID-19 vaccination

COVID-19 vaccines are available free of charge to everyone aged 5 years and over in Australia.

It is important that children and young people have the best possible protection against the flu and COVID-19 by getting vaccinated.

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CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
23rd May	24th May	25th May	26th May	27th May
		Gr5/6 Winter Sports		Gr1-4 Swimming
30th May	31st May	1st June	2nd June	3rd June
	STUDENT FREE DAY		Gr3/4 Melbourne Museum	Gr1-4 Swimming
6th June	7th June	8th June	9th June	10th June
Gr5/6 Radio Awareness	Gr5/6 Radio Awareness			Gr1-4 Swimming
12th June	14th June	15th June	16th June	17th June
QUEENS BIRTHDAY	SCHOOL PHOTOS			Gr1-4 Swimming
20th June	21st June	22nd June	23rd June	24th June
				Last Day Term 2

FROM THE PRINCIPAL CONT...

Ensuring your children are protected against serious illness helps to protect everyone in our community, including older family members who may be at higher risk, along with younger children who can't receive vaccinations yet.

You can book COVID-19 vaccinations through the COVID-19 hotline on 1800 675 398 or at a participating GP, pharmacy, or community health service.

Some local schools are also holding walk-in COVID-19 vaccination clinics on school grounds. Vaccination settings can be found at the [Vaccine Clinic Finder](#).

Flu vaccination

Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from the flu and are eligible for free vaccination under the [National Immunisation Program](#) including:

- anyone aged 65 years and older
- pregnant women (at any stage of [pregnancy](#))
- all Aboriginal and Torres Strait Islander people aged from 6 months and over

- people 6 months or older with:

[heart disease](#)
[chronic lung disease](#) (including people with severe [asthma](#) who require frequent hospital visits)

- chronic neurological conditions
- impaired immunity
- haemoglobinopathies (blood disorders caused by genetic changes)
- [diabetes](#)
- [kidney disease](#)

- children on long-term aspirin therapy from 6 months to 10 years
- children aged from 6 months to under 5 years.

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. If you would like more information about the flu vaccination, visit the [Better Health Channel](#).

Konnichiwa - Hello

Students in 3/4 and 5/6 have been impressing me with their determination and perseverance in learning the hiragana alphabet. At assembly last week, I had the pleasure of presenting 16 Green Belt certificates to students in grade 5/6. This was a fabulous achievement. To achieve the Green Belt, each student must competently recognise all 46 characters of the hiragana alphabet.

I also presented 2 Green Belts to 2 legends in 3/4. These 2 superstars are Ruby Moore and Abbey Tyndall.

Congratulations to all the Green Belt participants.

The 5/6's are continuing with their learning of Hiragana, while the 3/4's are learning a traditional Japanese Fairy Tale, 'Momotaro', The Peach Boy. Our goal is to perform the story as a play for the 1/2's at the end of term.



MONDAY 30TH MAY

DONUT DAY

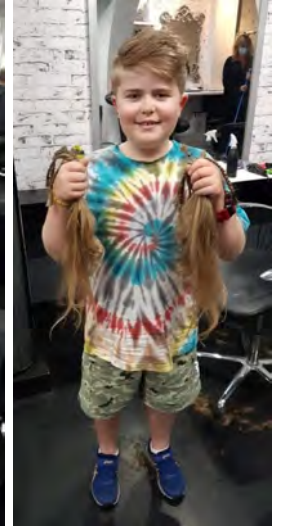
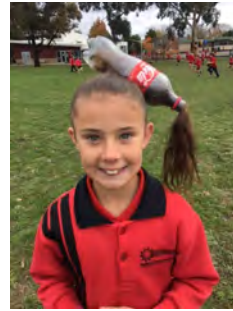


The JSC are holding a donut day fundraiser on Monday 30th May. Cinnamon and iced donuts are available to order on QKR for \$3 each. All profits raised will be put towards the re-marking of all the games, courts and activity lines throughout the school grounds.



CRAZY HAIR DAY

Thank you to everyone who participated in our Crazy Hair Day Fundraiser. Together we raised \$434.05 to go towards Seth and Hair with Heart. This is a Variety Children's Charity which raises money for children who have lost their hair due to medical conditions such as cancer or alopecia.



happy families®

Lighten The Load

with Dr Justin Coulson



"One of the most satisfying feelings I know – and also one of the most growth-promoting experiences for the other person – comes from my appreciating this individual in the same way that I appreciate a sunset. People are just as wonderful as sunsets if I can let them be. In fact, perhaps the reason we can truly appreciate a sunset is that we cannot control it."

CARL R. ROGERS

As parents, gosh we love our kids. But there is an intrinsic desire we each have to push our children to be better, to improve, to lift, to excel. It makes sense... but my experience has been that more often than not, my attempts to do that backfire. Rather than feeling inspired by my pushing, they feel like failures. Rather than being elevated to new heights, they plumb the depths as they despair that nothing they do is ever good enough for dad.

Perhaps we might spend more time looking at our children as we would a precious sunset: like a perfect miracle, not in spite of their flaws, but because of them. Maybe we can breathe them in, savour them, accept them... just as they are.

And maybe they'll become more than they've ever been as a result.

Dr Justin

NORTH STARS

Principal's Award



Lawson

For exemplary behaviour on our trip to Sovereign Hill and his kind patience with his peers on the bus home.



Shannon

For being a respectful student and a caring friend.

Art



Prep L

For taking their time, being patient and working hard when tracing, cutting and sticking their artwork together.

1/2M

For having fun in the art room while experimenting with Lego printing. It was messy but you all cleaned up very well.

3/4G

For always being good listeners, co-operative artists and amazing compliment givers. I enjoy you being in the art room with me every week.

PE



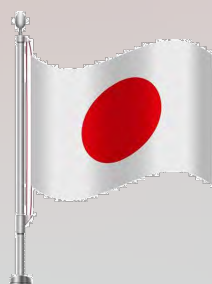
1/2C

For working extremely well in our catching session. 1/2C listened intently and did a fantastic job completing the catching challenges. Keep up the wonderful work!

3/4S

For their fantastic teamwork and listening skills during our invasion games session this week. They offered great solutions to problems and had fun! Well done!

Japanese



3/4C

For working together to learn the story "Momotaro".

NORTH STARS



Prep L

Banjo

For finding Hot words in his book and reading them super fast.



Prep M

Lucy

For working on her writing goals in a careful and focussed manner.



Prep W

George

For aiming high when working on your Writing Goal.

1/2B

Zac

For looking after others. You show a great amount of care towards others by being yourself and trying to make them feel comfortable.



1/2C

Callum

For always being a kind, caring and inclusive member of our classroom and school



1/2E

Millie

For always displaying our school values during our excursion to Sovereign Hill.



1/2L

Dominic

For always using beautiful manners and showing our school values when on our Sovereign Hill excursion.



1/2M

Rubi

For showing a positive attitude and persistence



1/2R

Jesse

For completing his narrative writing plan this week. Great work Jesse.

3/4C

Jaelyn

For always being a friendly and supportive member of our classroom.



3/4G

Alli

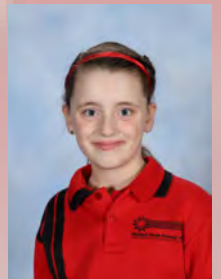
For carefully reading each NAPLAN question and taking her time to consider the answers.



3/4H

Paiten

For always being respectful to her peers, teachers and our school.



3/4S

Isla

For always showing respect towards her class mates and her teacher.



3/4T

Alexie

For always speaking politely to the class and waiting her turn when playing maths games.



5/6B

For demonstrating what an outstanding class community they are during NAPLAN assessments.

5/6F

Lacy

For showing initiative, quietly helping others, myself included, without being asked to do so.



5/6G

Harvey

For your focus and concentration throughout the NAPLAN this week.



5/6S

Laylah

For the care she shows to her friends at school

