



BNPS NEWS

Issue No 10 - 7th April

Term 1 2022

FROM THE PRINCIPAL

Dear Families,

It is wonderful to get to the end of a long first term, and reflect on what has been, all-in-all, a very positive and successful Term 1 for our school. I don't think we can understate the challenge that it has been at times as we have battled our way through the "new COVID-normal" as a school and as families. However, I'm confident in saying that we have all done so with great positivity, but at the same time it has certainly tested our resilience. Perfect time for school holidays, I think!

BNPS Principal

I would like to officially say how honoured I am to have been provisionally appointed as the 'new' substantive Principal of Ballarat North Primary School. I'd like to recognise the work of Mr Banova and Mrs Moyle who led the school through a tough couple of years. It has been wonderful for me to be a part of this community as Acting Principal this term, and I'm very much looking forward to the years ahead – working alongside our students, staff, and parents. We have a great school here.

Term 2 and Events

Term Two begins on Tuesday 26th April, with ANZAC Day on the Monday. Our school captains will be laying a wreath on behalf of the school at the 11AM ceremony at the Cenotaph on Sturt Street. There are several other events throughout the term, however, I will highlight the main ones below:

Wednesday 27th April: Cross-country

Friday 29th April – Year 1 – 4 Swimming program starts (every Friday until 17th June)

Monday 2nd May: 7PM – Victoria Police (Des Hudson): Cyber Safety session for parents

Thursday 5th May – Mother's Day Stall

Tuesday 10th – Friday 13th May: Year 3 and Year 5 NAPLAN

TUESDAY 31st MAY – School Council approved Pupil Free Day (no students at school this day)

I would like to wish you all a very Happy Easter, and more so, a wonderful, restful break over the school holiday period. We're in for a big Term 2.

Until I see you in person,

David Garner

“We do not learn from experience; we learn from reflecting on experience.”

~ John Dewey

CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Apr 4th	Apr 5th	Apr 6th	Apr 7th	Apr 8th
		District Athletics		Easter Hat Parade Hot Cross Bun Collection Early Dismissal— 2:30pm
Apr 11th	Apr 12th	Apr 13th	Apr 14th	Apr 15th
SCHOOL HOLIDAYS		SCHOOL HOLIDAYS		
Apr 18th	Apr 19th	Apr 20th	Apr 21st	Apr 22nd
Easter Monday SCHOOL HOLIDAYS	SCHOOL HOLIDAYS			Good Friday
Apr 25th	Apr 26th	Apr 27th	Apr 28th	Apr 29th
ANZAC Day	First Day Term 2	Gr3-6 Cross Country		Swimming—Gr1-4

2022 Term Dates

Term 1 28th Jan - 8th Apr **Term 2** 26th Apr - 24th Jun **Term 3** 11th Jul - 16th Sep **Term 4** 3rd Oct - 20th Dec

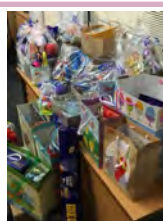
Ballarat North Primary
EASTER
Hat Parade
Friday April 8th

Students are encouraged to create an Easter hat at home and wear it to school for the parade.

The JSC will be collecting gold coin donations on the day with all money raised donated to the Royal Children's Hospital.

Each class will award a prize for the best Easter hat.

We are hopeful parents will be able to attend the parade. More details will be provided closer to the date.

2022 BNPS Easter Raffle

Thank you to all the families who have supported this years Easter Raffle by purchasing raffle tickets online and donating items. This year we had 23 prizes.

Congratulations to the prize winners:

1st - T Kittelty; 2nd - T Lepri; 3rd - S McGuigan; 4th - E Scott; 5th - B McPhan;
6th - M Lee; 7th - N Holland; 8th - J Bevelander; 9th - L Ransone; 10th - C Warren;
11th - J Cannon; 12th - D Brittle; 13th - T Cook; 14th - O & C Orr; 15th - K Tyndall;
16th - M Green; 17th - D Owen;
18th - B Thistlewaite;
19th - L Quick; 20th - P Maloney;
21st - R Dannatt;
22nd - L Hill and 23rd - S Eva.



Drums with Jay.



Soun Check STUDIOS



Singing Guitar and Ukulele Lessons available

30 min Lesson \$35
60 min Lesson \$70

Piano lessons with Mr Davey



For more details about any instrumental music lessons please email Mrs Macdonald carly.macdonald@education.vic.gov.au

Little Gardeners

Enjoy two weeks of FREE nature craft fun these school holidays.

Saturday 9 to Thursday 14 April.
Decorate your own pot, plant a seedling and take it home to watch it grow.

Monday 19 to Saturday 23 April.
Little ones can create a butterfly photo holder, plus receive a bonus craft pack to get creative at home.

Location: Opposite Boost Juice
Timings: 10am to 1pm daily

To secure your spot, scan the QR code or visit: stockland.com.au/wendcourse



BOOK NOW



KELLY SPORTS
LIFE LONG LOVE OF SPORTS

EASTER SCHOOL HOLIDAY PROGRAM
Monday 11th of April to Friday the 22nd of April 2022

Fully supervised, covid-safe, fun-filled days of sports & activities that kids love!
(excluding weekends and public holidays)
Eastwood Leisure Centre, Ballarat
8am to 5pm each day
Kinder to Grade 6
\$50 per day (\$45 per day for 5+ days)
Enrol online www.kellysports.com.au/greater-ballarat or Contact Paul on 0423 335 616

nab AFL Auskick

IGNITE A PASSION FOR THE GAME!

North Ballarat
Northern Oval Number 2 (rear oval)
Wednesday 4:30pm-5:30pm - commencing 27 April
Travis Polkinghorne 0438 329 715
Leah Moneghetti 0407 691 353

play.afl/auskick



Variety ACTIVATE INCLUSION SPORTS DAYS

A FREE, FUN & INCLUSIVE DAY OF ACTIVITIES TO TRY!



FOR PHYSICAL, SENSORY & INTELLECTUAL DISABILITIES

Wednesday, 4th May 2022
10:00am - 1:00pm
Ballarat Sports Event Centre
989 Norman St, Wendouree VIC 3355

Limited places available.
To register attendance **CLICK HERE**

Hosted by:
CITY OF BALLARAT

Delivered by:
Variety the Children's Charity

Contact:
Kelly Bahar
M: 03 9326 1223
kba@variety.org.au



GIRLS PRIMARY SCHOOL COMPETITION & TRAINING

MONDAY TRAINING: 5-6PM
SATURDAY COMP (times vary on age): 9AM-5PM

LOCATED AT FUTSAL BALLARAT: 1 Fussell St, Ballarat East

Come and try at our Monday girls training
Limited spots left for our Saturday Competition, if you are interested please contact us ASAP!

FOR MORE INFO CONTACT DERMOTT TEBB
E: d.terrott@futsalballarat.com.au
M: 0488 086 456



nab AFL Auskick

NAB AFL Auskick is one of the best, first experiences kids aged 5-12 will have learning Australian Football.

In weekly sessions, Auskickers and their families will run, jump, kick, laugh and create their own special moments playing footy.

No matter their skill level, ability or knowledge of the game, Auskick is for everyone!

Registration is this simple!

1. **WWW** Visit www.afl.com.au
2. **SELECT** Select 'Where to play'
3. **ENTER** Enter your risk-ink
4. **REGISTER** Find your local club and register!

play.afl/auskick



VARIETY ACTIVATE INCLUSION SPORTS DAYS

Enabling kids to be more active, more often!

Variety Activate Inclusion Sports Days (ASID) give kids the opportunity to try sports they might otherwise miss out on. Aimed at kids aged 5-12 with hearing difficulties, intellectual, sensory and physical disabilities, the days are an opportunity to have a go in a fun and inclusive environment.

Each day involves:

- a range of sports to try
- specialised coaching
- adaptive equipment
- knowledge
- water and fruit
- local sporting club exhibitors
- access to community services
- opportunities to network with other families and teachers

BENEFITS OF THE DAY

Activate Inclusion Sports Days encourage and empower kids to explore sporting opportunities in their local community.

Benefits of attending the day include:

- the health benefits of physical activity
- building social wellbeing and friendship
- strengthening balance, coordination and mobility skills
- working as part of a team, collaborating and planning
- increased self-esteem through a sense of achievement

Variety, the Children's Charity believes all kids deserve a fair go. They provide practical and essential support to kids who are blind, disadvantaged or have special needs. Disability Sports Australia aims to get more Australians with a disability more active, more often while working towards to support sport and active recreation participation. Disability Sport & Recreation Everything we do is to help Victorians with disability live happier, more active lives.

www.variety.org.au www.auskick.org.au www.afl.com.au www.afl.com.au



\$6 PER WEEK SPARX

PARTICIPATION PROGRAM FOR JUNIORS AGED 19 YEARS AND YOUNGER

FRIDAYS: 4:00 - 6:00PM

GET ACTIVE
HAVE FUN
EASY TO LEARN
ALL ABILITIES WELCOME

106 DOWLING ST
0448 410 845

SQUASH
FRUSTRATION



happy families®

Lighten The Load

with Dr Justin Coulson



When our children are experiencing big emotions (which sometimes feels like "all the time"), it is tempting to shut it down.

We might do it kindly: "Ohhh, poor baby. You'll be ok".

We might do it with a desire to stop it: "I know you're upset. But keep it down ok?"

We might do it with frustration or anger: "That's enough. Quit it already."

These might not be the most realistic examples, but they're variations on the same response. We say we're fine with our kids experiencing big emotions, but when they do it, our primary focus is to FIX it.

A more helpful response might be to remember that emotions are like a train going through a mountain tunnel. There's a lot of noise and darkness. But if we are patient, the train will get to the other side of the mountain and exit the tunnel without any problems.

Similarly, this week, to lighten your load, imagine that your child's emotion is that train. Rather than trying to drill a hole down through the mountain to lift the train out the top, give it time. In short order you'll see that train leave the tunnel on the other side, and carry on its way.

(As an aside, this doesn't mean that you ignore our child. It means that we want to see them in that tunnel and be with them if they want us in their space... until they leave the darkness. Hugs, patience, and talking about those feelings without trying to stop them usually does the trick.)

Dr Justin

NORTH STARS

School Captain Award

Leon

For showing care towards others out in the yard.



Max

For always being nice to everyone in the yard.



Mitchell

For showing care and respect to others by always being cheerful. Mitchell makes peoples day.



Art



Prep W

For always demonstrating our school values and learning behaviours in the art room. Your rainbows look amazing!

1/2C

For doing such a great job making your Super Heroes to fly above your scratch cities. I enjoyed having you in the art room.

3/4S

For a great art lesson in planning week. Nice to see happy, enthusiastic faces in the art room.

PE



Prep L

For working together as a team. Prep L made sure that everyone was able to have fun and participate in our P.E session this week. They were inclusive and helped those who needed it.

3/4G

For the positive energy that they bring to P.E each week. 3/4G are always friendly, respectful and excited to get into P.E.

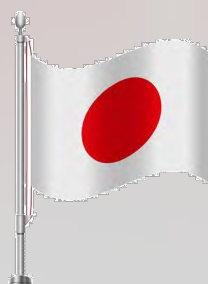
Performing Arts



Prep W

For enthusiastic dancing and great listening when playing instruments.

Japanese



3/4G

For how well they worked together to learn the hiragana alphabet. 4 Yellow Belts.

3/4S

5 Yellow Belts today and 3 were grade 3's. Impressive.

Grade Prep Citizen of the Term 1 2022– Duke Tyndall



I am excited and proud to present the Prep Citizen of the Term award to one of our superstar students... Duke

Duke has settled into his Prep year at BNPS so smoothly. In a short time he has already built many meaningful friendships with his classmates. Students are quickly attracted to Duke's easy going nature and positive attitude.

Duke has a large family that attends BNPS. Every night when Duke finishes school and heads outside to meet his siblings, he is met with huge, welcoming smiles and hugs. Duke treats his classmates just like his family; with kindness and care. He's always looking out for others and making sure everyone is ok.

Duke loves learning and has been working on his alphabet knowledge both at school and at home. He is making excellent progress and is extremely proud of his success. In the classroom, Duke always shows respect through his beautiful manners, attentive listening skills and patience. He makes excellent learning choices and always presents himself as a role model for his peers.

Duke's positive, calm, and respectful nature makes him a more than worthy recipient of this award.

Congratulations, Duke

Mrs Mclean

Grade 1/2 Citizen of the Term4 2022 - Harrison Moore



We are thrilled to announce the 1/2 Citizen of the term is Harrison.

Harrison is a friendly and kind member of the 1/2 community, who always comes to school ready to learn. He works hard and takes immense pride in his work, presenting all of his bookwork beautifully and with care.

Harrison attracts friends in all walks of school life. His gentle and considerate nature makes him a wonderful friend, who always looks out for others and offers help when needed. Harrison has a wonderful sense of humour, he loves to have a laugh and have fun with his classmates and teachers. He is always one of the first to follow instructions, has beautiful manners and sets a wonderful example for those around him.

Harrison shows our school values of care, respect, excellence and community in all of the ways that he approaches school life.

Congratulations on being the 1/2 citizen of the term, Harrison, you should be very proud of all of your efforts at school!

Mrs Gilbert and Mrs Warland

Grade 3/4 Citizen of the Term 1 2022—Nkulu Ntombela



It is my pleasure and an absolute honour to present the 3/4 Unit citizen of the term to Nkulu.

Nkulu is an exemplary member of the Ballarat North Primary School Community. He has made a fantastic start to the school year with his transition into grade 3 being effortless.

Nkulu consistently demonstrates our school values of Care, Respect, Excellence and Community to a high standard in everything that he does. Nkulu is both kind and caring in his actions and words. He is quick to check on people who seem upset or hurt and is always happy to include others in his soccer game or any activity he

is doing.

Nkulu is a respectful and helpful member of our grade, who can always be relied upon to make sensible decisions and is mindful of how his actions impact others around him.

In class, Nkulu always works hard and strives to do his very best. He loves to get feedback to improve his work and will listen and act on it to the best of his abilities. I often observe Nkulu doing things to help others without being asked and he is always more than willing to lend a helping hand when required.

He approaches problems and challenges with enthusiasm, always using his initiative. One example of Nkulu's community spirit was his initiative to clean up our school, without any prompting he decided he would work with a mate to pick up rubbish. This was done with no fuss or expectation of reward, just a genuine pride in our school.

He always demonstrates our learning behaviours Work Together, Be Organised, Challenge Myself and Be Persistent in all areas of school life and he does so with a smile on his face. Nkulu has been an absolute pleasure to teach this term and I look forward to the rest of the year. Congratulations Nkulu! We are extremely proud of you and are delighted that you are part of 3/4H.

Mr Haire

Grade 5/6 Citizen of the Term 1 2022– Kayla Maher



I am delighted to announce Kayla as the 5/6 Unit citizen of the term, for Term 1.

Kayla exhibits our school values in all she does and is a very worthy recipient of this award.

Kayla is a bright and bubbly student who greets every day with a smile and an inquisitiveness of what it will bring. Her attitude has a positive effect on those around her, myself included.

Kayla always puts her best effort into everything that she does. She is resilient and is prepared to work hard at things until she achieves success.

Kayla has a very good work ethic. She is organised and focussed. Kayla approaches all opportunities presented to her with a positive attitude, even when they take her out of her comfort zone. Kayla can always be relied upon to carry out instructions to their fullest.

Kayla is an attentive listener in class. She is eager to learn and takes pride in the work she produces. Kayla presents her work beautifully, every time.

Kayla is a respectful student. She is a good friend who gets along with everyone. Kayla is kind and considerate of others. She can often be seen quietly giving a helping hand, in words or actions, to those who need it. Kayla, in turn, is appreciative of those who help her.

Congratulations Kayla, I am so proud of the progress you have made and all you have achieved. You are such a worthy recipient of the 5/6 Unit Citizen of the Term and should be very proud.

Mrs Fitzgerald